

# Spotlight News



## Calendar Check

**September 26:** Butterbraid Fundraiser Due

**September 26-30:** Bring-A-Buddy Week

**October 10:** Pick-up & Deliver Butterbraids

**October 16:** DMA Fall Workshop

**October 23:** Family Night

Corning Studio: 2pm at SWCC

Creston Studio: 4pm at SWCC

**October 24-28:** Halloween Costume Week

Wear your Halloween Costume to class.

**November 11:** Adonica's Dance Slumber Party

**November 22-27:** Thanksgiving Break

Both studios CLOSED. Celebrate Thanks!

**November 28:** Classes resume

**December 3&4:** Company: Hollywood Vibe

**December 22 thru January 3, 2011:** Winter Break

Both studios CLOSED.

**January 4:** Classes resume

**January 15:** Company: Local Preview Show

**January 27-29:** Company: DMA Competition

**March 3&4:** Company: Midwest Starz Contest

**March 10:** Company: Symposium Contest

**March 12-15:** Costume Distribution Week

**March 16-25:** Spring Break

**March 26:** Classes resume

**April 1:** Creston Pictures: Location TBA

**April 4:** Corning Pictures: Extreme Images

**April 21&22:** Block Stage Rehearsals

**April 23&24:** Dress Rehearsals

**April 27&28:** Season Finale: Recitals

**May 7:** 1x1 Rehearsals Begin (Register NOW!)

**June 1:** 1x1 and Spirit Camp Showcase

Calendar subject to change.

View the calendar: [www.spotlightx2.com](http://www.spotlightx2.com)

## Here's How It Works

On Sunday, October 24, our students will present a dance demonstration for parents and family members. The faculty will need help from parents or relatives to keep the evening running smoothly.

Upon arriving to the performance hall, dancers will need to locate their classmates in various locations backstage and dress into their appropriate dance shoes. Students performing in more than one routine should locate the group they perform with first. We ask for some parents to chaperone backstage until their class takes the stage; other parents may then be seated in the auditorium. Dancers will be escorted to the stage by a faculty member. After presenting their dance routine, dancers will then be released directly from the stage to their parents or relatives. Please note the order of performance.

Students participating in a separate AcroDance course will be marked with the letter "T" on their hand. This denotes that they will be invited back onto the stage at the end of the demonstration to perform one tumbling pass across the stage. Miss Adonica will call for these individuals at the appropriate time.

## If the Shoe Fits...

Selected dance shoes are required and are important for technique. Students should purchase dance shoes through the school, not from discount stores. The director has carefully selected appropriate footwear for each level and discipline. The following shoes are required for training and performances:

Pre, Kinder, Mini and Beginner Ballet:

Bloch, full-sole pink slipper

Intermediate, Junior and Senior Ballet:

Bloch, split-sole pink slipper

Pre, Kinder, Mini and Beginner Tap:

Capezio, Mary Jane tan tapper

Intermediate, Junior and Senior Tap:

Bloch, split-sole black slip-on or full-sole black oxford

Beginner Jazz, Mini Hip Hop, Boyz Hip Hop and Mini Pom:

Bloch, split-sole black jazz shoe

Intermediate, Junior and Senior Jazz, Intermediate and Jr/Sr Pom, Broadway and Company:

Bloch, split-sole tan jazz shoe

Pointe:

Individually sized and fitted pointe shoe

Lyrical and Contemporary:

Bare feet or Dance Paws/Foot Undeez

Senior Hip Hop:

Converse, black sneaker

AcroDance and Creative Movement:

Bare feet

Please be sure to purchase the required shoe.

Our dancers must match on stage at our Spring Recital this April.

## Family Night - Order of Performance

Below is the order of our Family Night Demonstrations. Please note the style of shoes needed for each dance routine. Our 2:00pm showing will last approximately forty-five minutes, and our 4:00pm showing will last 90 minutes. Dancers report to assigned stations backstage 30 minutes before show time. Students are dismissed to their parents immediately following their stage time.

### Corning Family Night: Sunday, October 23 at 2:00pm; SWCC Arts Hall

Class	Teacher	Shoe Style
1. PreDance AM (Tuesday 11:45a)	Miss Adonica	Ballet Slipper
2. PreDance PM (Tuesday 3:15p)	Miss Adonica	Tap Shoe
3. Kinder Combo 4pm (Tuesday 4:00p)	Miss Adonica	Ballet Shoe
4. Kinder Combo 5pm (Tuesday 5:00p)	Miss Adonica	Tap Shoe
5. Beginner Dance (Tuesday 6:00p)	Miss Adonica	Ballet Shoe
6. Int-Senior Dance (Wednesday 7:00p)	Miss Ashlee/Bonnie	Black Tap Shoe
7. Beg/Int Lyrical (Tuesday 7:30p)	Miss Adonica	Foot Undeez
8. Mini Hip Hop (Monday 4:45p)	Miss Richelle/Diana	Black Jazz Shoe
9. Junior/Senior Hip Hop (Wednesday 6:30p)	Miss Ashlee	All Star Sneaker
10. Acro Passes: All Levels	Miss Richelle/Diana	Bare Feet

### Creston Family Night: Sunday, October 23 at 4:00pm; SWCC Arts Hall

1. PreDance (Monday 3:15p)	Miss Adonica	Tap Shoe
2. PreDance AM (Thursday 10:45a)	Miss Adonica	Ballet Slipper
3. PreDance PM (Thursday 3:00p)	Miss Adonica	Tap Shoe
4. Kinder Combo (Monday 4:00p)	Miss Adonica	Ballet Slipper
5. Kinder Combo (Thursday 4:00p)	Miss Adonica	Tap Shoe
6. Mini Dance (Wednesday 6:15p)	Miss Adonica	Ballet Slipper
7. Mini Dance (Wednesday 5:00p)	Miss Adonica	Tap Shoe
8. Beginner Dance (Wednesday 4:00p)	Miss Adonica	Ballet Slipper
9. Intermediate Dance (Monday 5:00p)	Miss Adonica	Tan Jazz Shoe
10. Junior Dance (Monday 6:45p)	Miss Adonica	Tan Jazz Shoe
11. Senior Dance (Wednesday 7:45p)	Miss Adonica	Tan Jazz Shoe
12. Beg/Int Lyrical (Monday 4:30p)	Miss Ashlee	Foot Undeez
13. Junior Lyrical (Thursday 7:30p)	Miss Adonica	Foot Undeez
14. Senior Contemporary (Monday 7:45p)	Miss Ashlee	Foot Undeez
15. Mini Pom (Tuesday 5:00p)	Miss Annie	Black Jazz Shoe
16. Boyz Hip Hop (Tuesday 5:30p)	Miss Richelle	Black Jazz Shoe
17. Intermediate Pom (Tuesday 5:00p)	Miss Richelle	Tan Jazz Shoe
18. Junior Hip Hop (Thursday 7:30p)	Miss Adonica	All Star Sneaker
19. Senior Hip Hop (Monday 7:15p)	Miss Ashlee	All Star Sneaker
20. Acro Passes: All Levels	Miss Annie/Richelle/Angie	Bare Feet

We look forward to a successful and enjoyable Family Night. We hope all parents and family members take the opportunity to assist in making it a smooth and delightful occasion for all, and we appreciate student encouragement and support.

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THE  
**SPOTLIGHT**  
SCHOOL OF DANCE  
www.spotlightx2.com

October 2011

## Family Night

Family Night is scheduled and divided into two shows. Both studios will perform on the SWCC Performing Arts Center stage on Sunday, October 23. The Corning Studio will perform at 2:00pm and the Creston Studio at 4:00pm.

The Spotlight proudly presents, *Family Night*, a student demonstration of dance for parents and family members. This is an informal preview of our students, sharing where we start the season. New students discover and become familiar with the performance stage, and returning students enjoy showcasing their years of dedication.

This miniature presentation features our students performing combinations of essential skills. Various levels of abilities demonstrate selected styles for our guests. The show traditionally ends with a single tumbling pass executed by our AcroDance students.

Performers dress in various attires. Some students may wish to perform in a former costume, while others choose to dance in a favorite leotard.

Designated areas are marked for each dance class located backstage or inside dressing rooms. Dancers should arrive 30 minutes before show time and locate their fellow classmates.

Admission into this event is a simple contribution to our local food pantries. Please bring a non-perishable food donation to attend. We appreciate the support.

## Fundraising

The Spotlight will offer three different fundraisers this season: Butterbraids, Tastefully Simple and Redwheel. We have already begun our Butterbraid fundraiser; packets are due Monday, September 26. This fundraiser is for individual recital costumes. With each Butterbraid sold, the dancer earns \$5 on her costume account. Each dancer is working for herself; participants receive their total earnings. Sell ten Butterbraids and earn \$50 on your costume account. When completing the order form, please be sure to double check total number of items sold as well as total monies collected. Complete packets will help Miss Adonica accurately finalize our order. Watch for our Tastefully Simple fundraiser during the Thanksgiving holiday and our Redwheel fundraiser this Spring.

## A NEW Recital Procedure

As we open a new season, we need to explore a new approach for our Spring Recital. Last year proved our popularity with standing-room only seating and make-shift dressing rooms. Rather than traveling to a larger facility in Des Moines, it's time we open our minds to a new recital method. Miss Adonica is organizing two separate recitals showcasing dancers of different ages. We'll feature all students from both studio locations in two different recitals: Young Children's Recital and Main Production. Dancers enrolled in Predance, Kindercombo, Minidance, Tumble Tots, Beginner Acro, Mini Hip Hop and Mini Pom will perform in the Young Children's Recital. All other classes, special features and senior solos will perform in the Main Production. We'll showcase all three Competition Companies in each show.

We are still planning on our recital weekend on Friday and Saturday, April 27 & 28. Our two Main Productions will stage on Friday and Saturday evening at 7pm; the two Young Children's Recitals will stage on Saturday afternoon at 12p and 3p. This eliminates the Sunday matinee, offering a free Sunday for our dancers and volunteers to recoup before returning to school or work on Monday morning. We are constantly striving to offer a better studio for our dancers and our dance families; structuring a new recital method is first on our list. We understand that change is sometimes difficult to accept, but our growing audience numbers prove a change is in order. This new recital procedure may be difficult for our faculty and volunteers to execute, but we're up for the challenge.

Look for more details to evolve throughout the season.

## Lights. Camera. Action

During our Awards Presentation last April, Miss Adonica was surprised with a gracious monetary donation toward purchasing a new monitor for our Creston studio. After much investigation and weighing pros-and-cons of various products, we are now in the process of acquiring a new camera-to-monitor system. Our goal is to have two cameras, one on each dance floor, leading to a split-screen television in the north hallway. We appreciate all the support our dance families offer in helping us create an even better studio for our dancers. Your contribution to the studio will be enjoyed by many families for years to come. Thank you for helping us provide this gift to you!

## Sugarplums Danced in their Heads

In late August, we had eight dancers audition to perform in a traditional Christmas ballet. The Iowa Dance Theatre held auditions for *The Nutcracker* inside Merle Hay Mall and cast over two hundred dancers for this classic performance. Congratulations to our Spotlight dancers and their roles: Chloe Casagrande, Red Soldier; Aliyah Drey, Mouse; Angela Drey, Chinese; Halle Evans, Ginger; Macy Evans, Golden Angel and Red Soldier; Aunica Harvey, Hungarian; Jurnee' Harvey, Ginger; Paige Keller, Ginger; Maya Struhar, Rosebud and CandyCane Understudy. The *Nutcracker* will stage the weekend of December 16 at the Des Moines Civic Center. Purchase tickets at the Civic Center Box Office or through Ticketmaster.

## Dance Slumber Party: 11.11.11

Miss Adonica is having a dance slumber party, and you're invited. We're planning an overnigher complete with pizza, movies, games, music and dancing! Join us Friday, November 11 at 6p. Pick-up is at 9a Saturday morning. We must limit our total number of guests, so be sure to complete and return the registration form early. Guests must be 7 years of age. \$20 participation fee. Party registrations are available at the studio or on our website: [www.spotlightx2.com](http://www.spotlightx2.com)

## Pilates and Zumba®

We're good listeners. After many requests from dance parents, we've opened two adult programs created with a healthy spirit in mind. Whether you're wanting to lose weight, tone muscles or simply break from your normal workload; these programs are designed for you.

After dropping children off to school, join certified Zumba® instructor Shawanna Curtis on Monday, Wednesday and Friday mornings from 8:15-9:15am with her energetic Latin rhythms. The Zumba® program is all about an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party™ that's moving people toward joy and health. Start your morning off dancing and feel jazzed for the rest of your day. Ditch your workout; join the party! 6-week program; 2 classes/wk=\$38 participation fee; 3 classes/week=\$50 participation fee; \$4 drop-in class. Register at a pro-rated fee anytime during a session. Try a FREE complimentary class anytime!

Looking for some "me-time?" Wind down your busy workday with Lisa Sawtelle and her sixty-minute Pilates matwork program. Her body conditioning routine not only helps build flexibility, but also strength, endurance, and coordination. Tone muscles and relieve stress with Lisa on Tuesday and Thursday evenings from 6-7pm; you'll find Lisa's natural ability to inspire both welcoming and motivating. Lisa's program isn't complicated or intimidating, or only for the fit and flexible. Start right now. Just as you are. Monthly program; \$25 participation fee; 8-class punch card=\$24 (dance parents only); \$4 drop-in class. Register at a pro-rated fee anytime during a session. Try a FREE complimentary class anytime!

Both adult programs are offered at our Creston studio location. Zumba® is a registered trademark of Zumba Fitness, LLC.